

## REPORT ON DESH KA PRAKRUTI PARIKSHAN

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**Govindrao Wanjari Ayurvedic College , Hospital and Research Center**

**College Code : AYU0842**

**College Address: 148, 149 Salai Godhani, Near Chikna Village, Hudkeshwar Road, Dist – Nagpur, Maharashtra 441204**

### ***Introduction:***

The Desh ka Prakriti Parikshan Campaign is a Nationwide campaign envisioned by Hon'ble Minister of Ayush (Independent Charge), Shri. Prataprao Jadhav ji. This Campaign was launched by Hon'ble Prime Minister of India, Shri. Narendra Modi ji, on the auspicious occasion of Ayurveda Day, celebrated on October 29, 2024. Individuals whose Prakriti will be analyzed, shall get health advice on a regular basis for promotion of positive health.

### ***Objectives:***

- 1) By learning about Prakriti, participant will get advice for a healthier lifestyle that are specific to his/her body type.
- 2) Participants will get personalized lifestyle recommendations, including daily and seasonal practices to stay well round the year.
- 3) Raising Awareness and Promoting Health.

### ***Details of the Campaign:***

Duration : 26/11/2024 till 31/01/2025.

This Abhiyan includes downloading of Prakriti Parikshan app (Available on Android and iOS). Here all Teachers, Consultants, Doctors and Students login as 'Volunteer' for DKPP. Those people whose PP is to be done login as 'Citizen' in application. Here the citizens receive OTP during login after which they have to fill their details followed by accepting consent and pledge respectively. At last they generate QR Code which is to be scanned by Volunteers.

After scanning QR Code the Volunteers will receive questionnaires which has to be asked to the respective citizen. The questionnaires include questions on citizen's Physical, Mental and Social health. At the end citizens will receive Prakruti certificate on their mobile app along with pdf which includes Diet and Lifestyle measures to be taken as per their Prakruti.

### *Participation:*

**As Volunteers:** Teachers, Consultants, Doctors and Students.

**As Citizens:** All citizens above 18 years.

### CAMPS UNDERTAKEN IN DESH KA PRAKRUTI PARIKSHAN:

#### **CAMP - 01**

Date: 13/12/2024

Venue: Govindrao Wanjari College of Engineering and Technology, Chikna, Nagpur

Participants: Teaching and Non-Teaching Staff along with Students of the College.

Chief Guest : Dr. Sudesh Gaidhani, Deputy Director, National Institute of Panchkarma, Thrissur.





## CAMP - 02

Date: 18/12/2024

Venue: Govindrao Wanjari College of Engineering and Technology, Chikna, Nagpur

Participants: Teaching and Non-Teaching Staff along with Students of the College.

Chief Guest : Dr Manoj Shamkuwar, Professor and Head of Department Panchkarma & Medical Supritendent, Ayurvedic and Unani Tibbia College, Delhi.



## CAMP - 03

Date: 21/12/2024

Venue: Kamla Nehru College, Sakardara, Nagpur

Participants: Teaching and Non-Teaching Staff along with Students of the College.







## CAMP - 04

Date: 24/12/2024

Venue : Santaji High School, Chikna Village, Nagpur

Participants : Teaching and Non Teaching Staff.



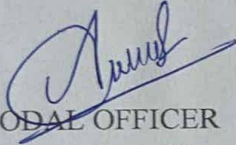
Sr. No	Volunteers	Prakruti Parikshan Done,
1.	Students	5658
2.	Teachers, Consultants & Doctors	31
	Total	5689 (on 25/12/2024)

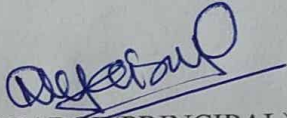
**Outcome:**

The camp encouraged patients to take health and wellness more seriously and to follow all Lifestyle Measures that will benefit them.

**Conclusion :**

The health check-up camp was a great success, fulfilling its objective of raising health awareness and providing necessary preventive healthcare services. The initiative was well-received by the hospital community, and it served as a reminder that health is a priority for overall well-being. The organizing committee expressed gratitude to the medical team and volunteers for making the event a smooth and efficient experience.

  
NODAL OFFICER  
DR. AMIT AHIRE

  
IN-CHARGE (PRINCIPAL)  
DR. NAGESH JAISWAL

**Principal**  
Govindrao Wanjari Ayurvedic  
College & Research Center,  
Nagpur.