

Academic and Administrative Profile.

DR. VIRENDRA K. SHAH

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Road, Nagpur. 440002

CAREER OBJECTIVE: -

To work with an institution which has a sparkle for esteem of Medical Sciences, where I can prove myself, with all my knowledge, abilities and, experience of academic, clinical, Research Sector and positive administration towards development of the institution. Ultimately to establish the faith of modern world in Ayurveda and other streams of medicines on global platform.

ACADEMIC PROFILE: -

Degree / Certificate	Marks /	Institute / Board / University	Year of	
	Div.		Passing	
PhD (Ayu)		CSMSS Ayurved College,	Scholar	
Samhita Siddhanta		Aurangabad.		
Samma Siddhanta		(approved by MUHS)		
M.D.(Ayurved)Samhita		Shri Ayurved College, Hanuman		
Siddhanta		Nagar, Nagpur	1993	
B.A.M.S.	1st Division	Shri Ayurved College Hanuman Nagar,	1990	
D. 7 () (1.5)	1 Division	Nagpur		
H.S.C.		Maharashtra State Board of Secondary		
	2 nd Division	& Higher Secondary Education,	1984	
(P.C.M.)		Nagpur div.		
		Maharashtra State Board of Secondary		
S.S.C.	1st Division	& Higher Secondary Education,	1982	
		Nagpur div.		

PROFESSIONAL REGISTRATION: -

Registered Medical Practitioner: Registration No: I-21153-A (Date of Registration 03-Aug-1990), from Maharashtra Council of Indian Medicine.

Central Registration Number 48529 (Date of Registration 15-Feb-2017), from Central Council of Indian Medicine, New Delhi.

N.C.I.S.M. TEACHER CODE:

AYSS00200

Ph.D. RESEARCH WORK:

A CASE CONTROL STUDY OF ASSOCIATION BETWEEN MADHUMEHA (DIABETES MELLITUS II) AND RISK FACTORS INSIGHT AYURVEDA IN POPULATION OF DIFFERENT DEHA PRAKRITI under the guidance of Dr. (Mrs.) S. V. Dhurde, in Maharashtra University of Health Sciences, Nashik.

P.G. RESEARCH WORK:

"A Critical Study of Principles of Ayurvedic Treatment in Diabetes Mellitus (Madhumeha)", under the Guidance of Dr. S. B. Mishra.

ACADEMIC PROFILE:-

S.No.	Designation	Department	College Name	Duration
1	Asst. Professor (Lecturer)	Samhita Siddhant	S. S. T. Ayurved	21/11/2001
			College,	to
			Sangamner,	31/12/2008
			Maharashtra	
2	Asso. Professor (Reader) &	Samhita Siddhant	S. S. T. Ayurved	01/01/2009
	Head of Department		College,	to
			Sangamner,	08/01/2014
			Maharashtra	
3	Professor & Head of	Samhita Siddhant	S. S. T. Ayurved	01/12/2014
	Department		College,	to
			Sangamner,	08/01/2018
			Maharashtra	
4	Professor & Head of	Samhita Siddhant	Bhausaheb Mulak	11/01/2018
	Department		Ayurveda	11/01/2018
			College & R. H.	to
			Butibori, Nagpur,	07/03/2022
			Maharashtra	07/03/2022
5	Professor & Head of	Samhita Siddhant	Om Ayurvedic	
	Department	Samma Siddhant	Medical College	08/03/2022
	Department		& Hospital Betul	to
			MP	
			1711	till date

POST GRADUATE TEACHIN EXPERIENCE: -

Approved P.G. Teacher, of MUHS in the subject Research Methodology.

ADMINISTRATIVE PROFILE: -

S.No.	Designation	College Name	Duration
1	Principal	S. S. T. Ayurved College,	01/09/2010
		Sangamner, Maharashtra	to 08/01/2018
2	Principal	Om Ayurvedic Medical College and Hospital, Betul, Madhya Pradesh	08/03/2022 to till date

CLINICAL PROFILE: -

• Hospital Superintendent

Shri Om Ayurvedic Hospital, Betul MP. Since 08/03/2022 to till date.

• Practitioner as Ayurvedic Diabetology

at S. S. T. Ayurved College, Sangamner attached Sanjivan Hospital, Nashik-Pune Highway, Sangamner.

• Hospital Superintendent

Sanjeevan Hospital attached S.S.T. Ayurved College, Sangamner, During 01/09/2010 to 08/01/2018.

- During Post Graduation at Shri Ayurveda College & Hospital, Nagpur-
 - 1. **House Officer** at Department of Shalakya Tantra (ENT and Opthalmology), Pakwasa Samanyay Rugnalaya Shri Ayurved College, Nagpur.

OTHER PROFILE: -

- Member: Board of Studies at Datta Meghe Institue of Medical Sciences (Deemed to be University), Wardha, M.S.
- Member Secretary, Institutional Ethical Committee, S.S.T. Ayurved College, Sangamner. (2013-2018)
- Academic Chief: Post Graduate Department S.S.T. Ayurved College, Sangamner.
- **Publisher:** Owner, publisher and editor of The Indian Medicine Periodical, Nagpur.

AWARDS RECEIVED:

- 1. **Dhanwantari Sanmaan 1998** Association of Indian Medicine, Nagpur.
- 2. **Received First Prize -** Om Ayurvedic Medical College & Hospital, Betul stood First in Strick Rate in **Prakriti Parikshana Abhiyana** in my Leadership.

ACADEMIC CONTRIBUTIONS: (List Enclosed)

1. Paper Published : 05

2. Awards Received : 01

3. Book Published : 02

4. Papers Presented : 02

5. Participated Seminars / Workshop/Conference/ : 40 +

CME

PAPER PUBLISHED:

1. Survey of youth health in rural areas and the diet and exercise habits among them.

Journal: - Crystal - A peer reviewed journal of complementary medicine

Volume: - 6 Page No.: - 67-71, 2012 ISSN No. /ISB No.: - 2278-5817.

2. Ayurveda- A Ray of hope in management of Diabetes Mellitus.

Journal: - Rasamrut Ayurveda e-Journal.

Page No.: - 1-5, 2013

ISSN No. /ISB No.: - 0976-5817

3. Clinical Evaluation of Balyakarma of Gudakushmandavleha in the management of karshya

Journal: - National Journal of Ayurvedic and alternative medicine – A peer reviewed open

across e-Journal.

Issue No.: - 01 Page No. 206-208, 2012.

4. DNA Technology: The technology to assist administration of justice

Journal: - National Journal of Ayurvedic and alternative medicine – A peer reviewed open

across e-Journal.

Issue No.: - 01 Page No. 190-200, 2012.

5. Ancient Indian Atomism in Medicine.

Journal: - Rasamrut Ayurveda e-journal

Page No.: - 1-7, 2017

ISSN No. /ISB No.: - 0976-0075

6. A Protocol on association between Madhumeha (Diabetes Mellitus type-2) and risk factors insight Ayurveda in population of different Deha Prakriti (Body Constitution) --- A case control study.

Wutan Huatan Jisuan Jishu

Volume:- XVIII, Issue VI, June / 2022

Page :- 77 to 86

ISSN NO: 1001-1749

BOOK PUBLISHED:

1. Diabetes Mellitus in Indian Medicine.

Publisher: - Chaukhamba Orientalai, Varanasi, National Level Publisher.

Year: - 2001

ISSN No. /ISB No.: - 987-81-7637123-0

2. Abhinav Madhumeha Vigyan

Publisher: - Chaukhamba Orientalai, Varanasi, National Level Publisher.

Year: - 2003

ISSN No. /ISB No.: - 987-81-7637-381-4

WORKSHOPS ATTENDED:

- 1. Reproductive Child Health Program, Conducted by Ministry of Health and Family Welfare (Department of ISM and family welfare), Level: National, 31/05/1999 to 05/06/1999, Shri Ayurved Mahavidhyalaya, Nagpur.
- 2. Teachers Orientation Course on subject Kaumarbhrutya and Bal Rog sponsored by Ministry of Health and Family Welfare Government of India, Level National, 02/03/1998 to 31/03/1998.
- 3. Workshop on Reproductive and Child Health (RCH) sponsored by WHO (NPSP), DKT India Mumbai, Level National, 03/03/2002, Institute of Integrated Development, Nagpur.
- State level workshop on Charak Samhita Addhyayan Paddhati, 26/08/2013 to 27/08/2013, Sanskrit Samhita department Shree Saptashrungi Ayurved Mahavidhyalaya and Hospital, Nashik.
- 5. Basic Workshop in Health Sciences and Education Technology, National level, 24/03/2014 to 26/03/2014, MUHS Nashik.
- 6. Basic workshop in Research Methodology, National level, 29/07/2015 to 31/07/2015, SST Ayurved College, Sangamner.
- 7. Programme on Implementation of NABH Standards for Hospital, National level, 16/12/2016 to 18/12/2016, NABH and Health care providers & quality council of India.
- 8. Workshop on Research Methodology and Medical Statistics, National level, 10/03/2018 to 11/03/2018, Bhausaheb Mulak Ayurved College and Research Hospital, Butibori, Nagpur.
- 9. Advanced course in Research Methodology, National level, 26/11/2018 to 01/12/2018.
- 10. Basic Life Support (BSL) Program completed the cognitive and skills evaluation basic life support programme in accordance with the curriculum of the American Heart Association at Jawaharlal Nehru Medical College, Sawangi, Wardha, 15/02/2019.

- i. Basics of COVID-19 on 14 April 2020.
- ii. Quarantine and Isolation on 14 April 2020.
- iii. Clinical management COVID-19 on 14 April 2020.
- iv. Trainee on boarding Mo-HFW on 14 April 2020.
- v. Infection Prevention and Control of COVID-19 on 14 April 2020.
- vi. Psychological care of patients with COVID-19 on 15 April 2020.
- vii. ICU Care and Ventilation management of COVID-19 patients on 17 April 2020.
- 12. Capacity building program on educational planning and administration, organized by National Commission for Indian System of Medicine in collaboration with national Institute of Educational Planning and Administration, 11/09/2023 to 15/09/2023, at New Delhi.

CONFERENCES/ SEMINARS OR WEBINARS ATTENDED:

- Presented paper in second Vishva Vaidhya Sammelan on Ayurveda and Medico-botany, National level, 26/10/1998 to 01/11/1998, at Furguson College, Pune, Organized by Vaidhya Khadiwale Vaidyak Sanshodhan Sansthan, Pune.
- 2. Symposium & BAMS Graduates get together, State level, 02/04/2000, BAMS Graduates Association Maharashtra State, Pune.
- 3. FPCON 2005, National level, 29/05/2005, Integrated Hospital Management Services (IHMS), Nagpur.
- 4. FPCON 2007, National level, 11/02/2005, Integrated Hospital Management Services (IHMS), Nagpur.
- International Seminar on Preventive Cardiology, National level, 02/01/2011, International Academy of Ayurveda & BAMS Graduate Association at Siddhakala Ayurveda Mahavidhyalaya, Sangamner.
- 6. National Seminar on Pranvaha Strotas Disorder (Diagnosis & Management), National level, 07/08/2011, International Academy of Ayurveda & BAMS Graduate Association at Siddhakala Ayurveda Mahavidhyalaya, Sangamner.World Conference on Ayurveda, 05/01/2012 to 08/01/2012, International level, International Academy of Ayurveda, Shree Dhanwantari Pariwar, B.A.M.S. Graduate association, Pune.
- 7. National Conference on Ayurveda Strength & Challenges, National level, 06-01-2013, Ayurved Vyaspeth, Nagpur.
- 8. National Seminar on Arthritis & Ayurveda, National level, 29-01-2016, Siddhakala Ayurveda Mahavidhyalaya, Sangamner.
- 9. World Conference on Ayurveda 2012, International level, 05-01-2012, International Academy of Ayurveda, Shree Dhanwantari Pariwar, BGA India, MUHS Nashik Pune.

- 10. Regional Seminar on Pain Management, National level, 08-09-2018, Bhausaheb Mulak Ayurved College, Nandanvan, Nagpur.
- 11. National Conference on Integrative Approach towards Ayurved Practice & Expo, 29/09/2018 to 30/09/2018, National level, NIMA, Nagpur.
- 12. AyurNIMA Update Ayurveda 2019, One- day national seminar on lifestyle disorder through Ayurvedic Applications, National level, 22/092019, Nagpur.
- 13. National Webinar on Clinical and Pharmaceutical importance of Rasashastra, National level, 24-05-2021, Online.
- 14. National Webinar on Covid-19 Pandemic and Challenges in Surgical Practices, National level, 14-06-2021, Online.
- 15. National Webinar on Role of Yoga in Covid-19 Pandemic, National level, 18-06-2021.
- 16. International webinar on *Charakastu Chikitsite*, International level, 13-08-2021, Online.
- 17. Rashtriya Ayurvedic Parisanwad (Gaurav Patram), Shri Vishvavyakhyanmala, organized by Shri Sadguru Vishvanath Maharaj Rukdikar trust, Kolhapuram, 11/09/2022, at Nagpur.
- 18. National Webinar on "Charakastu Chikitsite The Clinical Importance of Charak Samhita", Organised by Department of Sanskrit Samhita Siddhanta Government, and Directorate of AYUSH, Government of Maharashtra, Mumbai, MUHS, Nasik and MCIM, Mumbai on 21/08/2023.
- 19. Conclave of Ayurveda Education Leaders, organized by School of experimental learning and simulation center, DMIHER Sawangi Meghe, Wardha and Datta Meghe Institute of higher education and research.

CHAIRPERSON / MEMBER OF CME AND SEMINARS.

- 1. World Conference on Ayurveda, 05/01/2012 to 08/01/2012 International level, International Academy of Ayurveda, Shree Dhanwantari Pariwar, B.A.M.S. Graduate association, Pune.
- CME Conference 2012 of Maharashtra Council of Indian Medicine, Mumbai, National level, 11-03-2012, Maharashtra council of Indian Medicine, Mumbai & National Integrated Medical Association, Maharashtra.
- 3. World Conference on Ayurveda 2012 (Pune), International level, 05-01-2012, International Academy of Ayurveda, Shree Dhanwantari Pariwar, BGA India, MUHS, Nashik Pune.
- 4. National Seminar on Arthritis & Ayurveda, National level, 29-01-2016, Siddhakala Ayurveda Mahavidhyalaya, Sangamner.
- 5. National Conference on Integrative Approach towards Ayurved Practice & Expo, National level, 30-09-2018, NIMA, Nagpur.
- 6. Member of Souvenir Committee, National Conference on Integrative Approach towards Ayurved Practice & Expo, National level, 30-09-2018, NIMA, Nagpur.

CME ATTENDED:

- 1. Care CME 2007 An Update on Approach & Management in Medical Sciences, National level, 13-05-2007, Care Hospital Nagpur.
- 2. CME Programme Arranged by Maharashtra Council of Indian Medicine, Mumbai, National level, 21-03-2010, National Integrated Medical Association, Nagpur.
- CME Programme Conducted by Maharashtra Council of Indian Medicine & NIMA Maharashtra State Branch, National level, 18-09-2011, NIMA Maharashtra branch at Sangamner.
- 4. CME Conference 2012 of Maharashtra Council of Indian Medicine, Mumbai, National level, 11-03-2012, National Integrated medical Association Nagpur Branch, Nagpur.
- 5. CME Conference 2012 of Maharashtra Council of Indian Medicine, Mumbai, National level, 24-06-2012, National Integrated medical Association Nagpur Branch, Nagpur.
- CME in Samhita Siddhanta, 18/12/2017 to 23/12/2017, National 23-12-2017, National level, Academy of Ayurveda, Ministry of Ayush, GJ. Patel Ayurved College, Anand, Gujarat.

EXTRA ACTIVITIES:

- Secretary, Shri Panch Deval Hanuman Mandir Trust, since 1994.
- Vice President, Association of Indian Medicine, 1994 to 1998.
- President, All India Research Institute of Indian Medicine, since 1998.
- Convener of Vidharbha region and State Vice President, BAMS Graduate Association, Maharashtra, 2001 to 2006
- President, National Integrated Medical Association, Nagpur district branch, 2007 to 2008.
- Life Member, National Integrated Medical Association (NIMA), Nagpur, since 2006.

AREA OF INTEREST:

- Teaching aspects of Ayurveda with the help of modern audio-visual techniques and Power point presentations.
- Organizational and Administrative work.

PERSONAL DETAILS:

Father's Name : Mr. Keshavlal K. Shah

Permanent Address : Plot No. 597 'Shri Keshavam' Near Panch Deval, Itwari Railway

Station Road, Nagpur.

Father's Occupation : Business

Date of Birth : 05th January 1966

Sex : Male.

Marital status : Married.

Spouse : Dr. Meghna V. Shah

Languages known : English, Hindi, Marathi, Guajarati and Sanskrit.

HOBBIES / INTERESTS:

Listening gazals, Playing and watching cricket, wandering in forests & farms, plants and Aquariums.

Signature Dr. Virendra K. Shah