

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00 – 10:00	Sanskrit Practical Dr. Kawale	Sharir Kriya LH Dr. Dhok	Rachana NLH Dr. Thakre	Samhita Adhyayan Practical+NLH Dr. Bawankar	Padartha Vijnana practical Dr. Ghuge	Library
10:00 – 11:00	Sanskrit LH Dr. Kawale	Samhita Adhyayan Practical+NLH Dr. Bawankar	Sanskrit LH Dr. Kawale	Rachana LH Dr. Waghmare	Samhita Adhyayan Practical+NLH Dr. Shah	Rachana LH Dr. Thakre
11:00 – 12:00	Rachana Sharir LH Dr. Waghmare	Padartha Vijnana LH Dr. Ghuge	Padartha Vijnana NLH Dr. Ghuge	Library	Kriya LH Dr. Dhok	Sanskrit NLH Dr. Kawale
12:00 – 01:00	LUNCH BREAK					
01:00 – 02:00	Padartha Vijnana LH Dr. Ghuge	Sanskrit NLH Dr. Kawale	Sanskrit NLH Dr. Kawale	Seminar	Samhita Adhyayan NLH Dr. Bawankar	Practical Rachana Batch A & B Dr. Thakre
02:00 – 03:00	Samhita Adhyayan NLH +Practical Dr. Bawankar	Samhita Adhyayan LH Dr. Bawankar	Library	Padartha Vijnana NLH Dr. Ghuge	Rachana LH Dr. Thakre	Samhita Adhyayan LH Dr Bawankar
03:00 – 4:30	Practical Rachana Batch A Kriya Batch B Dr. Waghmare/ Dr.Dhok	Practical Rachana Batch B Kriya Batch A Dr. Thakre /Dr.Dhok	Kriya LH +NLH Dr. Pardeshi	Practical Rachana Batch A Kriya Batch B Dr. Waghmare/Dr. Dhok	Practical Rachana Batch B Kriya Batch A Dr.Thakre/ Dr. Dhok	Kriya LH +NLH Dr. Pardeshi
4:30- 5:00	Sports + Yoga	Sports+ Yoga	Recreational Activity (Sharir Kriya)	Recreational Activity (Rachana Sharir)	Recreational Activity (Samhita Adhyana)	Sports+ Yoga

Practical Batches: Batch A: Roll No. 1–30, Batch B: Roll No. 31-60

Subject (Code)	Total hours	Lecture theory (LH)	Non-lecture theory (NLH)	Practical NLH
Rachana Sharir (AyUG-RS)	500	180/50=3.6=4	80/50=1.6=2	240/50=4.8=5
Kriya Sharir (AyUG-KS)	400	150/50=3	50/50=1.25=2	200/50=4
Sanskrit & Ayurveda Itihas (AyUG-SN & AI)	300	100/50=2	140/50=2.8=3	60/50=1.2=1
Padartha Vigyana & Ayurveda Itihasa (AyUG-PV)	230	90/50=1.2=2	80/50=1.6=2	60/50=1.2=1

Samhita Adhyayan-1 (AyUG-SA1)	400	$140/50=2.8=3$	$260/50=5.2=5$
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