



1st Year BAMS Time Table (Batch 2024-25) | Academic Year 2026-27

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09.00 – 10:00	Sanskrit Practical Dr. Kawale Assi Professor	Sharir Kriya LH Dr. Dhok Assi Professor	Rachana NLH Dr. Thakre Assi Professor	Samhita Adhyayan Practical+NLH Dr. Bawankar Assi Professor	Padartha Vijnana practical Dr. Ghuge Assi Professor	Library
10:00 – 11:00	Sanskrit LH Dr. Kawale Assi Professor	Samhita Adhyayan Practical+NLH Dr. Bawankar Assi Professor	Sanskrit LH Dr. Kawale Assi Professor	Rachana LH Dr. Waghmare Asso. Professor	Samhita Adhyayan Practical+NLH Dr. Shah Professor	Rachana LH Dr. Thakre Assi Professor
11:00 – 12:00	Rachana Sharir LH Dr. Waghmare Asso. Professor	Padartha Vijnana LH Dr. Ghuge Assi Professor	Padartha Vijnana NLH Dr. Ghuge Assi Professor	Library	Kriya LH Dr. Dhok Assi Professor	Sanskrit NLH Dr. Kawale Assi Professor
12:00 – 01:00	LUNCH BREAK					
01:00 – 02:00	Padartha Vijnana LH Dr. Ghuge Assi Professor	Sanskrit NLH Dr. Kawale Assi Professor	Sanskrit NLH Dr. Kawale Assi Professor	Seminar	Samhita Adhyayan NLH Dr. Bawankar Assi Professor	Practical Rachana Batch A & B Dr. Thakre Assi Professor
02:00 – 03:00	Samhita Adhyayan NLH +Practical Dr. Bawankar Assi Professor	Samhita Adhyayan LH Dr. Bawankar Assi Professor	Library	Padartha Vijnana NLH Dr. Ghuge Assi Professor	Rachana LH Dr. Thakre Assi Professor	Samhita Adhyayan LH Dr. Bawankar Assi Professor
03:00 – 4:30	Practical Rachana Batch A Kriya Batch B Dr. Waghmare/ Dr.Dhok	Practical Rachana Batch B Kriya Batch A Dr. Thakre /Dr.Dhok	Kriya LH +NLH Dr. Pardeshi Professor	Practical Rachana Batch A Kriya Batch B Dr. Waghmare/Dr. Dhok	Practical Rachana Batch B Kriya Batch A Dr.Thakre/ Dr. Dhok	Kriya LH +NLH Dr. Pardeshi Professor
4:30- 5:00	Sports + Yoga	Sports+ Yoga	Recreational Activity (Sharir Kriya)	Recreational Activity (Rachana Sharir)	Recreational Activity (Samhita Adhyana)	Sports+ Yoga

Principal
GWACH & RC, NAGPUR

Principal
Govindrao Wanjari Ayurvedic
College & Research Center,
Nagpur.